We welcome enquiries regarding our services that may be purchased on a private basis, or as a "top-up" to packaged care services or through a brokered arrangement with other providers. Please phone us to discuss options and your ideas for innovative supports.

Private services include:

Clinical Nursing Domestic Assistance Personal Care Assistance Dementia Support Palliative Care Home Maintenance Gardening Respite Services Social Support Assistance to Appointments Medication Assistance Shopping Assistance Case Management

Please phone us or visit our website for further information, including our current Schedule of Fees.

- Ø 4 Sunderland Street
 Moonah Tas 7009
- Phone: (03) 6228 3899
 Fax: (03) 6228 9711
- packagedcare@independenthealth. com.au
- www.independenthealth.com.au

ABN 75 057 369 669



Personalised Services



About Us

Independent Health Care Service (IHCS) is a fully Tasmanian owned company dedicated to providing quality individual support to people living in the community.

IHCS is a provider of Disability Support for Older Australians (DSOA) and also provide services to National Disability Insurance Scheme (NDIS) participants.

We aim to provide the highest quality support services, that are tailored to your individual needs and directed by you. IHCS will work with you to provide your support, in the way that suits you best.

IHCS have a diverse group of staff who can assist with a wide range of support services, including traditional supports such as personal care and domestic assistance, through to individualised supports, tailored to meet your social, recreational and occupational needs.



Important Contacts: NDIS Quality & Safeguards Commission

1800 035 544

National Disability Insurance Scheme (NDIS)

1800 800 110

Advocacy Tasmania

1800 005 131

Speakout Advocacy Tasmania

6231 2344

IHCS can also assist with the full range of supports that a person may require, for example, we can provide specific staff training to meet individual care needs, and clinical staff (including Registered Nurses) for specialised care.

Some services that we can assist with include:

- Daily Personal Activitiespersonal care, medication administration and meals.
- Assistance with daily life tasks in shared living arrangements
- Participation in community activities
- Household Tasks including domestic assistance, washing and ironing
- Gardening and Maintenance
- Assistance with Travel and Transport
- Skill Development and
 Training
- Registered Nursing